

Choosing Child Care

Child Care Checklist

This checklist will help you to look for important indicators of quality child care. Space is provided for you to note your observations when deciding which child care program is right for your family.



Alberta 

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Daily Child Programs (continued)

Does the program:

- Actively monitor children when they are using computers?
- Include reading time?
- Integrate different cultural traditions?
- Involve children in preparing simple meals and snacks?
- Require children to participate in basic life skills activities, e.g., washing hands, hanging up their own clothing, doing up zippers, etc.?

Infant Program (if applicable)

Does the program:

- Allow infants to have their own eating and sleeping schedules?
- Provide a sleeping area that is separate from the play area?
- Require that infants are out of their cribs when they are awake?
- Include time for holding infants at times other than feeding?

Notes

Fourteen horizontal dashed lines for notes.

Child Care Checklist

The Physical Environment

In the child care environment I observed:

- Natural light.
- Enough space for a variety of different activities to be going on at the same time without interference.
- Children's art work displayed at their eye level.
- Areas for both active and quiet play.
- Outdoor space for different activities.

Notes



Notes/Reminders/Questions
